



LUNCH 'N FUN

2022- 2023

- WHAT: A less structured playtime in which children bring a lunch and enjoy eating with and playing with their friends.
- WHEN: Monday - Friday, 12:10-3:00 PM. Children who come from home may arrive at 12:10 or later. Children may stay all or part of the time.
- WHO: Children 3-5 years old. Children may attend any day of the week, and children who do not attend BCP may come after parents have filled out appropriate forms in the office and paid an enrollment fee of \$40.
- HOW: There are a limited number of L & F spots. A permanent reservation is required. Please contact the office if interested in permanent reservations.
- COST: \$21.75 per day. You will be billed for your L & F at the end of each month. These bills are due immediately and will be considered late after the 10th of each month. Children may be excluded from L & F when bills are left outstanding. A late fee of \$1 a minute will be charged for picking up a child after 3:00 PM.
- GOOD IDEAS: Please label lunches and other belongings with child's name. Send a backpack or bag for personal belongings.
- MILK: We are required by State OCC regulations to serve milk to each child in L & F. Please DO NOT send milk in your child's lunch. You may, however, choose to include juice with your child's lunch.
- FOOD: OCC regulations require each lunch to contain the following: 2 servings of fruit or vegetables, 1 serving of protein (fish, meat, dried beans, yogurt, or cheese), and 1 serving of grains and breads. Because we have children with severe allergies, BCP is an "Allergy Aware" school. Therefore, **please do not send peanuts, tree nuts or peanut butter to school in your child's lunch.** If you use soy butter, please label the lunch "soy butter." When you bring the lunch to school, we will refrigerate it.
- CHOKING HAZARDS: According to the American Academy of Pediatrics, these food items are potential choking hazards for children under age 6: nuts, hard candy, grapes, hot dogs, meat & cheese chunks (especially cheese sticks), peanut butter, gum, fruits & veggies and popcorn. Please prepare your child's food accordingly.
- QUESTIONS: See BCP Office
admin@bethlehempreschool.org
503-638-0725

